

KHANGDON LAIJA INSUNG NOM SEMDOHNA DINGA KIGOT

Paominlen Kipgen (PK), M.Th

INTRODUCTION

Mijousen Insung nom sodoh dinghi akitup cheh'in, ahin lhangpi geldannin Insung hi Nupa hinkho'a kipan dan nin akgelle. Adih'e Insung ititeng koima ji le cha neilouvin Insung asem ngaipoi. Ahin Insung nom semdoh nading hin upat, nupi nung nga ding angai ahipoi. Ahin khangdonlai, nungah gollhan laija patding ngai ahin, panjong kipanji ahi. Khangdon laija nangma tahsa chung ahin, midang ahin nalhen theple Insungnom chu semdoh bai lam ahi.

Khangdong mantam danhi sana toh kikot'a kisim ahi. Amantam todunguijin adei cha tame. Akhatna'a eile ejin akikidei jin akiman chan nomin, aninan eihing'a inu le ipan adei jin, amanchah nommin, athumna'a khosung, gamsung, namsung, soskar etc... in adeijin amanchah nommin, alina'a eisempao Pathen in anatong din adeijin amanchah nommin, chubang chun Satan in jong adeina lamlama kimangcha dingin atup jingin ahi. Hijongle Golhan-nungah lai hi pehlou theilou khat aum teijin, hichu ipeh doh teng amin jong kilhengji ahitai. Nungah khat chun a nungah hina le atahsa, alunghithim jouse gollhang khat apeh ding abatnin, gollhang in jong chubang machun, aloupina, ahoina, alunghithim, atahsa chu nungah khat peh ding abatne. Chutia chu nungah le gollhang chu akipeh to lhonteng ama ni chu nungah-gollhang hijing talouva nupi-upa joh hiji ahitan, chuteng Insung chu asempat ji lhon ahi.

Ahin mihem khat chun ipi hileh thilkhat abol ding le hichu tupna neija abol masanga kigotna nei ngai ahi. Thil khat chu bolhei ahinai ti manna imot boljeng jongle akibol ahinai, ahin aga ahoi ngaipoi. Ahinlah hoitah'a tupna neija kigo'a bolpa chu lungkimna le lungnachim anei teije. Insung nom semna dinga iti kigot ngaiham?

1. INSUNG NOM SEMNA DINGA ITI KIGOT

A. Amasa penna Penthah ngai ahi.

Gollhang/nungah khat chu ahinkho'a achen pi ding aji ahol na dinga amasa penna pentah na neingai ahi. Mihem khat chu apenthah teng Lhagao theng in amapuijin, alampi ding ahilin, hiteng chuleh ama chu alampi janga thilphan abop ahi. Mipengthah ho vang Pathen adoh'a lhagao theng to kitho'a aji ding ahol ahin, chuteng Pathenin jong ahenga tao teni chu akimoto sah'aasuhto ji'a, amani chun Insung nom bailam tah'a asemdoch ji lhon ahi.

B. Khangdon lai lungtup lung ngaija kon jamming (2 Tim. 2:22a)

Tehse ahin nupi-upa, chapang, khangdong ahin koima lhepna'a kon ongthol aumpoi. Ahin khangdon lai hin lhepna hi ahatdeh setnin, kitoldoh jong ahah sai. Ahileh khangdon laija lhepna chu itibang bangham? "Tahsalam ngaichat, mitvet deichat, kiloupisah/kiletsah (I Jn. 2:16) hohi ahi. Thilphalou duchat, nehnom, vetnom, ngaichat tampi ho aseina hisohkei nante. Ahin achungnungpenna igel dingu chu tahsalam ngaichat: jonthan hoi, tahsa kitimlel, eile ei midangkhat tahsa chunga kisuhlunghai hi ahi. Pathenin adeisah penchu: jonthanhoi jakon kikangse ding hi ahi.

Khangdonlai ja kidei kingai hi angai ahi. Ajeh chu kidei, kingai, kiheto masa louva kichen jonghi ngolhoi tah ahi. Ahin Nungah gollhan laija kitimat hi Pathenin adeilou pen chonset ahi (1Thess. 4:3-8). Bible'in jonthan hoihi enbol louting goh hilouva abolho jong kivopi louting kisanin thu apei (I Cor. 5:11). Jonthanhoi pan chun midang asuh set goh hilouva ama le ama tahsa jong asuhset ahi (I Cor. 6:8) chuleh ajonpi penpen tochun nupa/tipum khat hihon ahitai ati (Mk. 10:7).

Chugoh hilouvin jonthan hoija kon natna tampi aumdoch tan, alhangpi'a seiding dingin HIV, AIDS, STD (Sexual Transmitted Disease: Herpes, Gonorrhoea, syphilitis, genital warts etc) hohi ahin, hiche nat hohi ineiteng eile eitahsa kisu se'a Insung nom semdoh malah'a chale nao hingeija hahsatna le neilouna asothei ji ahi. Hijeh'a chu I Cor. 7:9 in 'Huh sanga jinei ding ahi' ati ahi.

C. Nahinga nanu le nap thuhil mangin.

Khangdong khatnin ilampi ding eihilla inu le ipa te thu nahnah louva koi louhelding ahi. Khatvei leh itheichim niu jong umnante. Ahin nulepan chate angailut na sanga chungnung jo ding ngailutna tu leisetna koiman nachan ponte tithei ahi. Nachun le najo banga thutah lama nakhon khah koima aumpoi. Nathep louna'a ama ni banga nahe them koima aumpoi. Chuleh amani banga naphat dingle nahoi ding gelkhoh jong koima aumpoi. Tu'a hichan naphahna, nachihna, nathepna, naboltheina cheng hi koima dang hilou Insunga nanu le napa'a kon hija ahi. Hijeh chun amsapena nanu le napan nahil nacheng le naboldia adei sah hon cheng sumil louvin bollin, amani'a konle athusah kon kikangse ding golou jennin. Chuleh tu'a khangdong cheng jonghi jinga dinga nule pa, chate khoukhah ding ahiuve. Inu le ipa'a kon kihilna neiding ngaicha ngen ahi. Nule pate hi leiset'a dinga Pathen le oja phapen chuleh akitahpen ahiuv, hijeh chun nule pate hi dopsang ngai ahi. Koima nule pan achate asetna lampi diu ahil ngaipouvin, gong jong agong ngaipouve.

2. JINEI HI PATHEN LUNGDEI AHI

Pathen'in Pasal achanga aphapoi ti'a numei khat aji dinga asempeh ahi. Hijeh'a chu kichen kiti hi Pathen thutep, thilgon ahin, leiset kipatna leh mihing kipatna jong ahi. Chuleh Pathen amatah'in golvah masa pen kintheng chu Eden honna anabol ahi. Hijeh'a chu mijouse lah'a kichen hi ja'umhen kiti ahi (Heb.13:4).

Gollui laijin ipu ipa teuvn achate dingu ji aga hollun, pute, nite tin ana kila touvin, ana kicheng jiuvin, Pasalin numei ahet khah lou, numei jong hitobang ma'a chu ahethah lou to anasuto jiuvin, hinlah khangche dungjui jin hichu ache beh tapon, pasalin numei adei akilhenin, numei jin jong pasal amadia pha asah alhengin, hiche chedol hi alamdih tah'a ijuleh ilungdei tahtoh kikicheng ahin, kipa natah leh Insung nom asoh dohthei jin ahi. Hijeh chun kichen masanga kidei kingai hi thilse ahipon jonto kopma kingai pa bou hi chonset ahi.

Ahin mihem hi jineilou ding loi jong aume. Jinei louting monga nakigot leh koima toh (atumbeh'a) kidei kinagi angaipoi. Nangdia chu mijouse hi nasopi ahin, nangailut cheh ding ahi. Chuleh jinei louva Pakai jeng bou nagella, iti leh ama kalung lhaidem ti bou nagot ding ahi. Ajeh chu jinejin vang itileh kaji kalunglhaidem ti bou agel ahi. Hijeh chun ahinkho lhumkeija thengset'a Pathen na dinga kipe khat tou aumleh akipeh dunguijin umhen. Lungdang gel hih hen. Ahin hichu ahingal louleh michu anungah/gollhan na jinei lou danna aumma ahi'a aguh'a ajon sangin ji nei hen (I Cor. 7:32-39). Ajeh chu jinei jonghi Pathen thilgon ahi.

3. MIHEM CHUIBOLA JINEI NGAIHAM?

A. Mihem in kiloipi nei angaije.

Ajeh chu koima achangin apha theipon, Pathenin Adam achanga aum aphapoi, aloiding khat sempeh inge tia Eve chu asem ahi (Gen. 2:19). Michu tohkhompi ding, seikhompi ding, nehkhompi ding, kipa khompi ding, lunghem khompi ding... bejin ahithei pon, hithei nama jongle akim joupoi. Chuchung chon chun mihemin loilegol, sopi sanggam anga seidoh theilou jong akinei jin, nupa kah'a vang imding ima umpoi, akiseithei sohkeije. Taanon jong mini aphachomin (Mtt.18:19), khat alhuhleh (tahsa, lhagao, lunghim) khatin aphong ding jouvin (Eccl.4:10) lupna jenga jong mini aluple alumin, anopna aumin lungkimna aume (Eccl.4:11).

B. Ngaichat suh bulhit na ahi.

Pathen mihem sempa amatah'in numeile pasal kingaichatna hi asemtha ahin, hijeh'a chu mihem in aneicheh ahi. Hijeh chun mihem khatchun kitimatpi ding aneicheh ngai ahi.

C. Jinei hi chale nao hinna dinga kisem ahi.

Pathenin Adam le Eve jah'a (Gen. 1:28) Noah jah'a (Gen.9:1) "chale nao tampi hingun lang leiset lo dimmun" ati. Chale nao hin nadinga pasal le numei agom/nupa ngai ahi.

D. Ngailut nan akan khom ahilouleh ngailut bukimna ahi.

Numei khat le pasal khat chu ahung kingai tahbeh teng kikhen thei jilou ahijalla Insung khatna aumkhom ngai ahin, kingailut na chu ajompeh hon ngai ahin, hichu abolhon leh Insung nom sohji ahi.

4. DONGMA – KINGAPI TUM NEI

Khattouvin dongma nei angaipo, iji ding lhen angaipo ti taken, nungah/gollhang don da henlang ajinei phat alhin teng khat touchu amelhoi manham, aphantjal ham, achih, athep jal hamin amakhu Pathen in eigonpeh ahi tihen, alungel, adei ahindan imacha hemasa louvin kichen pi jeng taleh achunga alungkim nadem? Aphai khattou jong aumin Insung noma cheng jong umnante. Ahin alhangpi'a Insung nom cheng ivet teng kingai, kilungset masa, kihethemto masa ho ahijiuve. Alangkhatna Insung nommo ho, kichen til tilla kinopmona umpai hokhu kiheto masalou, khatvei mu'a kingaija kichengho, Insung mi lunggel hetoh masalou, amani lunggel jengjong kihethemto masalouho ahijiuve. Hijeh chun naji chu thil le lo banga gahpaidoh thei ahitah loujeh'in, khol chil masan, kihethem to pi masanlang kichenpin.

Kidei masat, kihet masat tihin Pasal khatnin nungah tampi jola kingapi bang bolla ahilouleh numejin pasal tampi ahel jouse dia nop'a dongma tampi neija, hicheng lah'a chu aphapen pen lhending ahipoi. Namit anin hasah john lang lhengin. Khattou namu'a hiche khu aphai, kadeije, kalung lam ahin, kalung toh inte, kangaije nati teng – achondan, akhandan, alunggel vet be'in, kholbe nalaijin, guhthimma nadeichat phatjong sotsah'in. Chujouva apha chamkime, nolna kamupoi, ana neijongle ngaidam jouvinge tia nakigel lhah jouva ahileh amakoma chun nalunggel seijin, kingaipin. Chubanin lungheng sella kingailutah'a nakivopthei honna ding, aguh'a nakikholtrei hona ding, Pathen nadohthei hon nadingin naki lungset phat hon jong sot sah'in. Chujouva nakihet themto hon mongmonga, nalunggel hon, nadeidan hon akito'a ahileh Insung khat semkhom thei nahi hone.

Numeijin jong ahinkho'a achenkhom pi ding lhenmo ahipoi. Ajehchu phatchomkhat kichenga chomkhat jouleh kikhen kitding hilou, hinkho lhum keija ding ahitan, Nangma tah'in jong pasal henga nalung gel, nadei, nangaidan thu seina ding tha nanei ahi. Ahi'a nasei ding leova nangaplou jongle na henga hung pasal cheng chu vechil masan. Kholchilin, nalunggel leh nadei dan cheng nasei masangin nahenga alunghim hungseihoh cheng lah'a khat kilhenin, nahin ngailu mongmong nahet dohna dingin nalhen sungjong sot sah'in, mot noppeh pai hih'in. Chuteng bou alunggel jopthei ahileh jopmin. Ahi'a vangset pi'a naki kholchil hon nunga nakidei honna ahi'a nalunghon akibahlou helleh kichen teitei sanga kikhen masat aphajoi. Ahin ipi hileh amasa pennha Pathen doh jingding ngai ahi.

Kicheng ding mongmong nakigot honna nalung gel hon le nadei dan hon, nahin danhon nakihet themto thei hon nadingin Naji dinga nahol chutoh:

A. Umkhom jing angaije.

Hinkho'a chengkhom ding thouthou kichen masanga umkhom angaipo tihih'in. Hinkho'a umkhom honding nahi hon jalla chu phat chomkhat khat beh umkho jinga naumkhom hon chu nakipa hon nah'em, nalunggel hon nom nam ti naki hethon masat ngai ahi. Hichu nop nasah hon loule kichenlouva pha ahi.

B. Kihou jing ngai ahi.

Umkhom keo hilouva kicheng dia kigo chu kihoujing jong ngai ahi. Ajeh chu kihou limna hin ilunggel akiki seiton, pasal in numei lunggel ahet masat angaijin, numeijong pasal lunggel, iti kalunglhah ding ham ti ahet masat ngai ahi. Chuti'a chu khonung nakichen hon nunga dinga a'inchon gei hon ding leh chale nao khoukhah ding gei nasei masat honna akinop tolhon ngai ahi.

C. Lekhathot/mobile chung chonna kihou lim jong apha

Mihem chu galgam lhatah'a umte deh deh dingin aphantseh'a kimuto jingjong ahahsan ahi. Chukitleh mihem hin ikam chenga seidoh ngam jilou jong akineithej jin, hijeh'a chu lekha peh'a jong ilunggel le ideidan gala pat kisei peh to'a kihet to jing jong ngai ahi. Tulai vannoi hi lekhathot jong achebeh tapon, hoilai mun ichan na umjong le Mobile phone mangcha lekhajem goh hilouva somai kimuto'a kihou limthei ahitan, aphantseh'a kihoulim to'a lungset thu seikhom jing apha.

D. Milah'a jong lhatkhom ji ngai ahi.

Japi lah'a ijihol idongma toh nehkhom, kichepkhom, lhatkhom, kipakhoma noma hinkho mankhom aseploi. Hichehi kimaingalna leh lunghim kihet themtona jong ahi. Ajeh chu nupa chu amani goh achangseh honna umjing ding ahihonpon, jalah'a lhatna iumchan jong kihetto pha ahi. Chuleh hiche hin midai chavai ho'a kon in jong ahoidoh'in, chuleh lungdang gella midangtoh galhat khom le midangui jenga konnin jong ahoidoh'e. Ahin changa guhtima munthip leh jannoija umkhom aphapon ahi.

5. KIDEI LAIJA BOL LOUVA PHA

A. Kichop & Kinou (Kiss & Caressing)

Akidei le akingai chu kimuto ngai jing ahi iti taove. Ahivangin kimuto na'a kichih thei ding penchu kichop (kiss) ahi. Kikoi kichop hi kingailutna photchetna ahinai, (angailut lou koiman akiss

ngaipoi), hijongle aselamma manchah loutingin aphai. Ajeh chu nungah/gollhang tampi akimuto tenguleh kingailut jalchun akichop to jiuvin, chuteng hichu tahsa hinsuhal in apangin, ngaichat suhbulhit nomna ahung soh jin, akhonna le jonthan hoi asohjin ahi. An namtui thim khat najah teng nathisan chu na'oipoh lang alhungin migil kelchu achil aputnin, duchatna aneije. Chubangin kichat na natoteng na thisan ahung kalin nalu ahunglhungin, nalu ahunglenin, namul ahung kithouvin jamdingham, kimaito piding ham nagele.

Hibangma chun kichop, kikoi, kinouto hin nathisan chu napasal hinna mun le nanumei hina mun lang alhutji'a, ahin dip ji'a, akhanletsah ji'a, nasou hung gang ji'a, nahai hungnem ji chuteng lupkhom tilou lamdang umji lou ahi. Hijeh'a chu Kiss hi thilse hiloubeh leh Bible jengin jong aphan ahivanga (Gen. 31:55; Gen. 29:11; Lk. 7:36-50; Rom. 16:16; I Cor. 16:20; I Thess. 5:26; I Pet. 5:14) mitamta'h'in ase lama aman jeh'a ei nam lungmol te dehdeh dia tu dinmunna hi kichop kiti hi jonthanhoi lam le ase lama bou kigel ahi.

B. Kitimat (Jonthanhoi)

Lung theng selle kilungset dihtah'a kidei golcha jong chu tahsa kingaichatna ahung umteng setna le lunghim phalou asoh pan jitai. Adeh in kimuto dinga kitem teni dinga lhepna sang pen chu kingaichat ton ahi. Jon ahilouleh kitimat hi lentah'a kipan ahipoi. Hiche hi ol olla hungsoh doh ahinom jo ji'e. Amasa pennin gahtou mat, khut gah kituhto maimai, gahkoi, kichopto ahung chal chal jin, aban leh kinouto, kichulto ahunghin mihem hina tahsa ngaichat kitim lelna ahungum jin, hichun chonsetna lentah jonthan hoi asodoh loji ahi. Adeh'in hiche hi pasal chunga ahat deh'e.

Tulai kimkhatnin kitimat hi kilungset vetsah na ahi ati. Dihtah ahi. Kitimat hi lungset kivetsahna le kilungsetna chungnung pen ahi. Ahin hiche hi nupa kahlah'a dinga kigong ahibouve. Khangthah ten kadongma'in eilungset mongmong nah'em ti'a vetna ding ahipoi. "Neilungset tahbeh leh nalungsetna neivetsah'in!" tin aseijiuvin, hichun ipi angeh ham? Natahsa kanop nop neilosah'in atinao ahi jin, numei tamtah lheplhah in aum jiuve. Nungah gollhan laija kitimat hi kilungset vetsahna hilouvin kisusetna joh ahi. Koiman alungset dihtah chu asuse ngaipoi. Nasuse go chun nahin lungsetlou tahtah lou ahi. Nupa nahi hon lou leh nupa um bangin um hon hih'in.

Kitimat hi Pathenin atheng ding le kipa nadinga agon ahin, aphant cha iman teng kipana, nopna, kilungset nan apangin Pathen jong alunghai jin, ahin aphant louva manchah hi Pathen lungdei loulam le chonset ahin, Pathen lunghan na channa leh khonung geija vangboh na ichunga lhungding jouse chanlel na asodoh lo jin ahi.

Gahhet thei be dingin pasal hin avettho mai mai ja jong atahsa hin ngaichatna aneiji ahin, hijeh'a chu numei dinga amopohna chu akivon na ahi. Phate'a kivon na kijep ding, mi ichunga lunghimse putsah'a gelsah louting, mihoulim nopna'a kineisah louting ahi.

C. Khamnathei Donkhom/Nehkhom le Party bol:

Tulai adeh'a gampama um numei-pasal tampi akimuto tenguleh ju adon khomun, louchang/twi khamnathei ho anekhomun, aguh'in munthipma akimu tojiuvin, akhonna le asoh doh ji chu thenlouna, gancha sanga nemjo'a kichepna ahi doh ji'e. Ajehchu jukham lungsunga thilpha aumpon, kon jong akon doh ngaipoi. Miphatah leh miching tah jengjong ju ahin donteng michavai, miphaloutah leh mingol tah asoh theijin ahi. Hijeh chun nungah gollhang kimuto teng judon khom hi bollouding ahi. Hichu jon nadinga alampi kido hoipen khat ahi. Chuban jan na nop lenkhomna

chomchom, theaters, clubs, hotel, jan lenkhom, golnopna le adang dang ho, lenkhomna le donkhomna, lamkhomna atamtan hicheng ho jonghi, anop theina dinga judon angai na atame. Hiche nopsahna hi nungah theng le gollhang theng val lhum pen pen khat chu ahi.

Nasunga lhagaotheng achen chu henlang Pathen lhagao dounan chon hih in. Pathen kon jepna chang khan nate. Mipeng thah chate dehdeh natah sa chu Pathen in ahi, Pathen na nahi, Christa tibah nahi (I Cor. 13:20). Chuleh natahsa'a then louna nanei ahilouleh thenlounan nalunghim alo teng Pathen toh kigam lhat na ason, natao na gui Ihung joulou ding ahi tijong hen (Isai. 59:1-3; 1:10ff; Ps.66:18).

6. JILHEN DING DAN

Jinei kitih kipana dinga kigong ahin, Pathen in Adam achanga alung hem jeh'a akipana dinga Eve apeh ahi. Ahin jiphatah kimu chu thil hahsa tah ahi (Prov. 31:10). Hijong leh Pathen thupeh inuna, alung dei lama ichon teng jipha chu Pathen bouvin eipeh thei ahin, eipeh ding ahi. Ahin mot jinei thei ahilou to lhonna Pathenin eidia eigon peh jipha chu mudoh ahithei nadingin themkhat ve leuhen.

A. Ihou kibah pi toh kichen ding ahi.

Pasal ham, numei ham chu aji Pathen helou hita henlang, Pathen thu peh jui nom hih taleh insunga nupa kah'a chun cham le kingailutna aum jou mong nadem? Leiset chunga kingailutna sangpen chu nupa kingailut hi ahin, hinlah houle beh kibah lou jeh'in boijing hon taleh anopna iti um ding ham? Christian te Pathen in eidei sahpenu chu Pathen chakhat chu Pathen helou khat toh akichen ding angai ahipoi (II Cor. 6:14-16). Leiset chunga aching pen Leng Solomon jeng jong aji numei jin alheplhah ahi (I Kgs. 11:1-4).

B. Christian khat chun aji ding chu Pathen khutna angaphah ngai ahi.

Lungtheng sella Pathen henga nathum leh lungtheng sella thum chan chu Pathen in nanga dinga pha asah penpen Insung nom tah'a nachen khompingding napeh teiding ahi. Pathen henga athum toh ahol kop ding ahi. "Pathen kaji ding kalhen them theina dingin chihna neipen" ti'a Lhagao puihoina chang puma nahol ding ahi. Nangma chihna, hetna le bolthei na hol hih'in, Pathen ngah'in, ama kipui sah'in amatoh hollin, nang dinga aphapen chu nachan ding ahi.

C. Lunggel kibahpi lhen angaije.

Ngailutna keo hi kichen na dingin alhing joupoi. Tahsa mel dei aum jalleh ahoi manna jong ngailutna chanthei ahi. Chuleh Pasal leh numeihai ahung kihavop honval teng jongleh acham louva kingai pai pai thei ahi. Ahin hicheng hohi insung semna dinga lhing joulou ahi. Ngailut dihtah ihin kho'a dinga idei ahung kibah'a, lungthim khat leh lhoh buh khat iken khom tina ahi. Hichu ahilou leh ngailutna bulhing ahipon, dai jong adaisot joupoi. Mtt. 19:5 na'in "akicheng teni chu tipum khat ahi hontai" ati hin, tipum ni chu alunghim hon, deidan, ngaito kibah aseina ahi. Hijeh'a chu kidei sunga lungthim kihet themto'a, deidan kihet themto ding, tipum khat nahithei mong hon ding hinam ti nakivet hon ngai ahi.

D. Insung nom nei nom chun Bible dungjuija achon ngai ahi.

Bible thu kijuija, Bible kisim jingna, taona kinei jingna leh thang vahna kineijing na insung chu insung nom ahi. Numeijin hitobang insung chu numei jin hol ngai ahi. Pasalin jon hitobang chu

neiloulai nahileh neidoh tei sommin. Numei chu Insung dang dinga Missionary ahi akiti nai, ahin hitobang Insung maicham leh Pathen thutoh kitoh Insung tung doh ding ahahsan, koima pou ajouva aumpoi. Hijeh'a chu numei chun akisemjing sa insung chu ajotlutna hichu ajom ding joh aphan, pasalin jong naboljingsa jomding joh'a napui lut ding ngaito jon. Pathen thu kiseiphong, kisimphong jingna, Pathen henga taona kinei jingna insunga chun Pathen achengin, Pathen phathei na tang louvin gojuh in ajulha jinge.

E. Kajito thina tilouvin eikhen ponte tia nakigel lhah masangin jinei hih'in.

Jinei hi chomkhatna ding ahipoi. Thina tilou adang in akhen ding jong ahipoi. Hijeh chun numeijin (nakichen tilhonlai chun phanante ahin khonungleh) kaji'in judon hen, lou nehen, lim kha hihhen, eivo hen, iti jongleh khatjoh joh kathi hon masangin iman eikhen juhon pontin, kaji chu kangailut jing ding, chale nao kahin pehding, in khatna kachen khompi jingding ahi tia nakigellha masangin ji nei hih'in. Pasalin jong numei hi kaji ahin, ama bou ji'a kaneiding, kangailut jingding, natong thei hihhen, kamthem hihhen, buhon thei hihhen, jan leh eilung lhaisah jou hih jongle... kathi masanga kachenkhom pi ding ahi tia nakigel lhah masangin ji neihih'in.

7. JINEI THEI NAHI TAH'EM

Kichen hi thil bailam tah ahi. Ahin nunga kisih hi ageisang ji'e. Phat chesa koukit thei ahipoi. Insung nom loutah'a um hi jinei lou sanga hahsa leh genthei umjo ahi. Hijeh'a chu Paul in keibang hin jinei louvin um leochun kalung ahi (I Cor. 7:8,9) ati ahi. Jinei louva umhi kim khat dinga kipa najoh ahi. Ahin jinei ding nahi jongle kino hih'in. Khangdong tamtah achunga ho hilna ngaisah louvin matah]n ji anejiuvin, nungleh akisih nao asang ji'in, ahin ageisang jitai. Hijeh'a chu michingin jinei ding mano louvin ima jouse agong tup masajin ahi. Ahin mingol vang alunghimin tun tun atin abol paixin, ahin chomlovin akisih na asangin, van avetleh asangin, noi avet leh adonge. Hijeh chun jinei hi kino louding ahi. Khangdong hinkho jong sot man jep angaije. Ajeh chu khatvei sehsek khangdong ding nahi ti kihet masatnin.

A. Jinei pha mong mong nahi kal ngahdoh'in.

Kimkhat akum Ihom jong le jinei dinga pha aumin, khatloi akum tam jongle phalou aume. Kimkhat chu chapang cha jinei ja insung nomtah'a semdoh jong umnante. Ahin chapanga jinei sangin akum kilhit na lunggel pilhingga jinei hin kipana asojoi. Chuleh insung nomlou tampi, nupa kitoh lou tampi, tahsa lam jenga jong damthei lou tampi hi chapanga jinei jeh ahinome. Chapang adeh'a kum 20 alhan anoi lam kilungsetna kichen hi asot ngaipon, lungset ipi ham jong ahechen jihih laijui. America'a chapang valla kicheng holah'a hop 100 na 70 (70%) kikhen na akichai jiuve. Chuleh chapanga jinei hin lungthim jong apilhing pon, neile gou lam jong alhasamin, phatsot tah'a ding lung geljong alhasam jiuvin, damthei na jenga jong anuleh acha anigelun adamthei ji pouvin, chapang dehdeh din jong veisetna atame. Bible'a Isaac chu kum 40 in ji aneijin insung nomtah aso doh'e ti imuve (Gen. 25:20). Mihem hi kum atam to dunguijin jong lunggel jong apilhingin, nupa le midang kikah'a lunggel jong akiki hethemtoi. Hijeh chun pilhing doma jinei ding ahi.

B. Kilungset dih tah nga angaije.

Mitam tah melhoi, kihavop jal, kitimat nakon'in akingai ji'ui. Ahin hiche ho hi lungset dihtah ahi nom poi. Mel la kivet ding jong ahinai. Chubanna kidei ding, kingaizing, kilungsetding jong ahi. Ahin lungset iti teng thilpha kibolto, eisanga gelkhoh joh, achunga thilse bol nomlou, kamcheng

ngeija kihou, kimuto nom jing, houlim pi nomjing... tiho hi ahiji'e. Chapang kilungset hi atamjo kideichat maimai ahin, amahon lungsetna agelji vangun lungset ahiloujeh'in amangtheijin, ahin pilhing kilungset vang adaisot in adet theijoi.

C. Khatle khat kihet themto ngai ahi.

Kichen masanga chomcha kideija kingai hi tijat umtah ahin, kipana ahasopoi. Hijeh chun naji ding to nakihol (engage/courtship) kah hon sung sot sah'in. Kingai kah jong hi lha goh hilouva akumma lutsah ngai ahi. Phatsot tah naki ngaina hon sung chu nakihet themto hona leh Pathen janggop nahi mong hon hinam ti kihetdohna jong ahi. Mu masatpen na kingai kiti hi kideichat bou ahin, hichu iki havopsot teng aumchan, akampao, achonchan imu'a ijah ho'a kon kingailut dihtah hi nam ti akihedoh theije. Hijeh chun lungset dihtah chu mi ihung kiha hetchil tengbou kihedoh ahi.

D. Tahsa le lhagao lama hinkho kisem tup nga ngai ahi.

Numei tamtah in ajidingpa judon chu kakichen hon teng angah ding ahi atijiuvin, ahin akichen hon teng ama lungnat na mama ahin, apasalin la anga deh ji poi. Chuleh kimkhat adongman alung lhai phat phatleh judon ngah bang bol, alung neokhat ahung himo teng angai ngai hikit jong aume. Hitobang hochu akichen jouhon teng numeijin alung ato joujing mong ding hinam? Alung atoni leh phanantin, alung ato louni teng angai ngai hikit ding ahi. Chugoh hilouvin najidia nahol chun athilphalou bol nadei lou chu nakichen hon masangin ngah sah'in. Chuleh nahin lungset tahtah'a nalung alhai ding adei mong mong leh angah jeng ding ahi. Ahin nakichen nunghonna dingin vang koi hih beh'in. Kitahsan hih'in, ama jong tahsan hih'in. Ahin akingolsah lou, khamna thei nekhalou heltoh nakichen theileh hichu aphapen ahi. Ajehchu mikhatin anabol sa chu kangatai tijongle uichan alohlhah sa anekit ji'e kiti bangin khatvei le ale jot nomkit ji'e. Ahin Pathena kipelut, pentah na dihtah neihon vang chuti bolsam pouvinte.

Chuleh mipeng thah khat chu mipengthah louto akichen chun alhagao hinkho asuhchat vai thei ahin, amatah jong lhasuh thei ahi. Hijeh chun jidinga nagelpa/nu chu pengthah lou ahileh apenthah nading hangaiton, Pathen henga taopeh jingin, tilkhouvin. Chutileh Pathen'in alampi hingonpeh nante. Kichen jouvang ngada'in apha. Loikhatnin hichu kangaleh jinei louva kaum lo tah louding ham tinte. Ahilouleh khattouvin jipha/ahungphat ngah leng geisangkha val loudingham tinte. Geisang jong nagei sang maithei ahi. Ahin agei sang nunga nalungdei bang jiding namu louva khat toutoh naki motchenna insunga chamna beihella naum sangin, jinei louvin umjon. Pathenin jinei loudinga nagon jong himaithei ahi. Jinei louva Pathen natoh hin Pathen alunghai theijoi (I Cor. 7:32-33)

E. Tahsa damthei nga ngai ahi.

Jinei ding phat kitep ta'a ahi'a nadamthei louva ahileh tepchon jon. Ajeh chu naji ding chun natahsa damthei le nahat lai tah adei ahi. Hijeh chun mihem khatchun ji anei masangin dammo na aneileh kijen dam masahen. Numei dammo heu chu tahsa ngaichat na jong alhasamin apasal din lungkimna ahahsan, pasal jong chutobang ma chu ahi. Adeh'in numei dehdeh naonei jong ahahsa theije. Hijeh chun jinneiding khat chu numei hihen pasal hijongleh tahsa dammo na aneija ahileh adam theng man jinei da hen. Amasangin kijen thenghen, ajo aji lungkim lelna le insung din jong boina hunghintin, theichim jong hung um maithei ahi. Miveiseho ajinei teng adamtheije kitijong aume. Ahin hatahsan ding ahipoi.

F. Neile gou sumle pai ja naning Ihin man jinei hih'in.

Tulai insung boi tamtah hi insung vaichat jeh ahi gamtai. Kingailutah nungah/gollhang jong kipah tah'in kicheng hon jongle insung neile gou, sumlepai ahung lhahsam teng kipa na adai lhan, kilungset sangin sumlepai neilegou gelkhoh nan lungsung adipjin, kinah, kibao apung dohjin, chuteng numei jin a'inkote nop sate chu ale ngaichat jin, pasal in jong anu le apa, ainsunga anopsahna cheng ale ngaichat kitjin, kikhen na asoh doh jin, kikhena leo ahilou jongleh hinkho'a kilunghai na himhim akah honna aumjipoi.

Hijeh chun pasal jinei dinga kigellha ho chun ama le aji acha kihin sona kham thilkhat beh kiboldoh masa hen, natoh aneilou jongleh summu nading khat beh nei masa hen; hiche masang chun jinei dahan, numeijin jong kichen pi dahan. “Ikilungset pouleh na tohkhoma genthei tah hijongleh chenkhoma kiloljon khom ding ahi” ti ho hi asei abainan, ahin atah'a ito teng genthei chungnung ahi. Chuleh pasal ahin, numei ahin sumle paiadol tah'a aman dan athep masangin jineidahan.

Chuleh suma kichem hojong kichen pi louting ahi. Chuleh numeijin jong ipasal kithopi nakham, ihahsat dehset ni'a aonglai gah huhbit na kham bolthei ma'a jinei lou apha. Insung vaichat jeh'a kinah le kilung nop mo hi ahahsat goh hilouvin, jachat umtah ahi. Hijeh chun khangdong hon neile gouve na ninglin ma'un jinei ding got dauvin.

G. Insung mite phalna leh phatsahna ngah'in.

Numei le pasal akicheng ding chun amasa penna pasal in insung mite phalna nga masat pending, anina numei nu insung mite phalna nga ngai ahi. Numei dinga Pasalte chu ichena ding le ei vekolding, jineina jenga jong ichung thu seiding, manle mol peding ahin, igenthei ihahsat nichan na kingaina ding ahin pasal pa nule pa phalna louva chehin eile ei gentheina kikipe ahi. Chuleh pasal jousen numei akichen piding nu insung mite bat lentah aneiju ahi. Ajeh chu genthei tah'a ahinsin doh'u ahin, apan sumle pai tampi senga ahin khoukhah, chihna themna ahin jilsah, anule apan hahsatna tincheng le taona puma jinei thei ahin phahsah hon ahi.

Pasal aji dingpa jengin jong anule anumeinu nule pan achonpeh sa avon cheng kisan kilom asah peh'a, ahildoh hon athepna cheng jong adei ahin, hijeh'a chu pasal khatnin numei nu nulepa phatsah louva achanu lah jeng hi thilphalou leh guhchat lenpen ahi. Ahin Nulepaten ikichen piding nu/pa ahin phatsah louna bang aumle ajeh umji ahi. Ahin hitobanga jahda na einei tenguleh nungah/gollhang in bolding chu, nule pa komma touva, ilunggel seiding, thil umchan seija hetdoh sah ding, suhlhap thei chan suhlhap ding, nule pa lunglin ding chuleh akingailutna hon cheng jong hetsah ngai ahi. Nule pan chate angailut'u ahin, thil hi alam dih cha ibol la itao teng koiman acha nahnah thet bol nom pontin, sulung na nom ponte.

H. Pathen phatsah ngading.

Pathen phat sah lou toh kicheng jongleo hen kicheng chu akihi nai. Ahin kipana umlou, boina jeng in eibop dingu ahi. Ahin Pathen phatsah hetna dinga chu Pathen kimapui sah'a hingai ahi. Hichu Pathen henga taoding, alung lhai ding ngai ahi. Kimkhatnin aji dinga atao teng Pathen hiche nu/pa mong mong bou khu kadeije neiphat sahpeh teitei jin tin ataoji'ui. Adih'e Pathen henga idei chu thum ding mong ahinai, adih louna aumlou vangin angai ahibeh poi. Ahin hichu Pathen kipui sah hilou, Pathen kipui go joh ahiji'e. Ahin Pathen henga Pathen koi neiphat sah peh'am? Ama khu

ham? Ahi'a ahileh iti kahet dingham? Naji dia nadei chu hollin, Pathen lunghaina lou leh phat sah lou vin insung nom akitung doh ngai thei poi.

8. NADONGMA TOCHUN HITOBANG NAHILEH KICHENGHON HIH'IN

A. Khat leh khat neilungset mong mong hinam? Nei gel khoh'a nei khoh sah mong mong hinam? ti'a avel vella nakidoh to jinglhon leh kichenglhon hih'in. Ajeh chu nang ni'a kitahsan ton aumpoi.

B. Naumkhom hon teng na kilung to thei hon louva, naki nah hon, nakilung nop mo jing honna, ahi'a umkhom jingding nanop hon thou thou honleh kichenglhon hih'in. Ajeh chu Nakingai hon vangin nakilungto lhon pon, nakichen honlou aphai.

C. Khat le khat pilhing tah'a naki ngaito thei hon louva, umkhom jing nahi honkit ngalla ahi'a nalung gel nakisei pehto thei hon louva ahileh kicheng hon hih'in.

D. Na chapan hon behset nahlaija ahileh khongai hon tadin.

E. Na'insung mi: nanu napa nasopi khattou chimchah nasah'a, aumchan nu nadei louva jinei ding nakigot ahi'a, ahi'a lah naji ding pa umchan dan le akhosah dan nainsung mi nadei lou chengto akibah thou thou leh kichenpi hih'in. Ajeh chu napenna na'insunga bon hithei louchu najotna na'insung hilouva chun hithei deh pon nate.

F. Na jiding nu/pa Nu le pa leh a'insung mite nadei jalla kichen pi ding nagot ahileh kichenpi hih'in. Ajeh chu amahoto chun kicheng ding nahipoi.

G. Naji ding chu nanu napa ding danna nagella ahilou leh nanu napa thalheng/thakhel dia nagel ahileh jinei hih'in. Naji chu naji hiding ahi.

H. Naji ding nu/pa ham in nadei lou lamtah umchan aneija ahi'a nakham tang jou louleh kichenpi hih'in. Ajeh chu nakichen nung hon teng khamtang jou deh pon nate.

I. Naji ding pa/ nu in nachunga thangthipna anei behset'a, naki chen jouhon teng naloit nagol masa cheng to naki khen ding adeija, naumchan, nakhan chan, nachalou dan jouse aphot ani dan geija achin jinga akhol jing beh set leh kichenpi hih'in. Nagenthei behset ding, nathom hao beh set ding ahi.

J. Atahsa hoile phatman, nungah gollhan laija nana chon chatvai pi man, chuleh ima jouse ahithei nai ti nahetdoh jeh mainin kichenpi hih'in.

K. Naji hol to nilhum keija naumkhom honna, ima cha bollou; tichu TV beh velou, mobile beh khoilou, la beh ngailouva naum honna, chu'a nalung gel anop louva naning akihella, nachim theileh kichenpi hih'in. Kingailu tahbeh nahi honpoi.

Hijeh chun Insung nom sem dohna dingin nupi upat ngah hih'in. In lhou tah sah nadinga a foundation det tah angai bangin Insung nom le dettah tundoh nadingin akhombul lam adet angaije. Hichu khangdon lai ja ichon danu leh ilhen danu hi ahi.